



4 DOORS OF DISCERNMENT

Four questions to ask when making big decisions

1

IS THIS A GOOD DOOR?

We don't need to spend time thinking about whether to do something that violates the moral law or Church teaching. If the door is bad, don't go through it!

2

IS THIS AN OPEN DOOR?

Is this door even an option for us? Do we have the qualifications or personal traits that match the door? Has somebody already closed the door for us?

3

IS THIS A WISE DOOR?

Given who we are (our strengths and weaknesses) and who God is calling us to be, will walking through this door help us grow in holiness?

4

IS THIS A DOOR I WANT?

If the door is good, open, and wise, it's possible God is asking us to use our intellect and will to make the choice ourselves.

BASED ON FR. MIKE SCHMITZ

YOUTUBE VIDEO "4 HELPFUL RULES FOR DISCERNMENT"

PRAYER FOR DECISION MAKING

Lord, Almighty God,
source of light, truth, and eternal goodness,
transform this present moment
into an hour of vision and inspiration.

Help me to find wisdom;
shed light on my thoughts.

May my aspirations come true
through righteous and good deeds.
Give me the strength to concentrate,
to think objectively,
and to see clearly.

Shed your light on me so that I may see
which decision to make.

Help me, O my Eternal God,
to avoid vanity and pride,
and thus be able to make worthy decisions
as a true child of yours.

Amen.

